
GREENCASTLE EYE CARE CENTER

TIMES

Charlie J. Parsons, O.D. • Sandra L. Fink-Freeman, O.D.
50 Eastern Avenue, Suite 107 • Greencastle, PA 17225 • 717-597-7708
www.visionsource-greencastle.com

Mon: 12 noon-8 pm • Tues: 9 am-5 pm • Wed: 8 am-4 pm • Thurs: 10 am-6 pm • Fri: 9 am-5 pm



It's fall again! The students are back in school...the leaves are changing colors...the football stadium is filled with players and spectators on Friday nights! GO BLUE DEVILS! And we sure got a lot of rain in September! We hope you are enjoying the change in season!

We will be closing early at noon on Wednesday, November 24 to allow our employees to enjoy the Thanksgiving holiday. We will be closed on Thursday, November 25 and Friday,

November 26 for Thanksgiving. We will also be closed on Friday, December 23 and Monday, December 26 for Christmas. For New Year's we will be closed on Monday, January 2, 2012. We are always available to see you for an urgent eye condition. If you have an eye emergency at any time that our office is closed, please call the office and you will be instructed on how to reach the doctor on call. *GF*

WHAT'S NEW IN OUR OFFICE...

- Dr. Parsons again went on a medical mission trip to Nicaragua for one week in early August. This was his third medical mission trip and his second trip to Nicaragua. While there he examined 260 patients and distributed 200 pairs of glasses to residents there who would otherwise have gone without eye care. He also prescribed antibiotic eye drops to people who had infections and gave glaucoma eye drops to people who had glaucoma. Thank you to all who contributed old glasses for him to take on the mission!
- We welcome our new office manager, Wayne, to our office. He began working at our office in August. He is starting a new career, as he comes to us with many years of experience working with people as a church pastor. He hopes to use that experience to be successful in managing the office and providing wonderful service to our patients. *GF*

DID YOU KNOW?

There are usually no symptoms of early glaucoma. The only way to know if you have glaucoma is to have your eyes examined on a regular basis. If diagnosed early glaucoma is a treatable disease.

The leading cause of blindness in people under the age of 65 is diabetes. If you are diabetic it is important to control your blood sugar and have a dilated eye examination yearly.

The leading cause of blindness in people over the age of 65 is age related macular degeneration. Risk factors for macular degeneration include UV light exposure, smoking, and a family history of the disease. Regardless of your age it is a great idea to wear sunglasses while outdoors, stop smoking if you are a smoker, and have your eyes checked regularly. *GF*

MARK YOUR CALENDARS:

Our annual EYEWEAR STYLE SHOW will be held on MONDAY, OCTOBER 31 from 4:00 PM – 7:00 PM. Eyewear Stylists from Tura, Ted Baker, Lulu Guinness, Valentino, and Gucci will be here to help you choose the perfect frame! There will be frame discounts on this special evening! This is a FREE fun-filled evening! Come join us and enjoy many refreshments and door prizes, too! ✍

WHAT IS THAT EYE CONDITION? AGE RELATED MACULAR DEGENERATION.

This disease is a damaging of the “macula”, this is the center part of the retina that is the area of the retina that is responsible for central vision, color vision, and daytime vision. There are two types of macular degeneration: dry macular degeneration causes a very slow decrease in the vision and wet macular degeneration can cause a very quick, sudden decrease in vision. Risk factors for macular degeneration include a family history of the disease, advancing age, smoking, and UV light exposure. Treatments for macular degeneration include vitamin and antioxidant supplements and injections of medication directly into the eye. Preventive measures that everyone can take regardless of age include discontinuing smoking, good nutrition, use of sunglasses while outdoors, and regular dilated eye examinations. ✍

ANSWERS TO YOUR QUESTIONS:

I wear contact lenses that are supposed to be thrown away every two weeks, but I usually just throw them away when they get uncomfortable. Is that okay to do? It is

never a good idea to wear your contact lenses longer than is approved by the FDA. The point of a disposable contact lens is to get rid of the lens before it has a chance to get dirty. A dirty contact lens may not feel uncomfortable, but it can cause bacteria to adhere to the contact lens easier and cause an eye infection.

I have worn contact lenses for over twenty years. I am now in my 40’s and I am having problems reading while wearing my contact lenses. Do I have to stop wearing contacts and go back to glasses? When you start having blurred vision at near, called “presbyopia” at around age 40-45 there are still many options for contact lenses. You can continue wearing your current contact lenses and get reading glasses for over your contacts. Also, there are several different types of bifocal contact lenses in both rigid and soft contact lens types. Finally, there is a way of wearing contact lenses called “monovision” where one eye is corrected to see at distance and the other eye is corrected to see at near. ✍

WELCOME TO OUR NEW STAFF MEMBERS:

Angie, optician / optometric technician. Angie started working at our office in June. She comes to us with many years of experience working in an office setting. You will see her most often in our optical department, but she will also be helping the doctors in the exam rooms.

Kayla, optometric technician. Kayla also began working at our office in June. She has over five years of experience in a medical setting. She is responsible for helping the doctors in the exam rooms. ✍

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T I M E S

Look for our next edition – COMING IN JANUARY!

SEE YOU AT YOUR NEXT EYE EXAM!